

CLEAR DAY

The next level of care!

Imagine spending a morning resetting and re-centering your mind and body.

"I'm always excited to find that a Clear Day session has been scheduled...these are truly breakthrough moments in my care at Brittain Chiropractic." – Mickey

Three sessions in about three hours, surrounded by people all relaxing to the same purpose ... to unlock and unwind those patterns that Doctors Jeff, Lindsey, and Selina simply cannot delve into during a normal office visit. You flow from one session to the next at your own pace, with no pressure to get on the table before you're ready for the next step. In between sessions, relax with healthy snacks provided for the occasion.

"After we finished I enjoyed a luscious ease and centeredness that remained for several days. And it is very interesting to notice that some nagging right shoulder discomfort has all but disappeared since our gathering." –Stephen

The benefits often go beyond the physical, allowing one to reset your internal thoughts and emotions at a calmer, quieter level.

"I find the benefits of a clearing day imperative to my health and wellbeing...I leave a clearing day happy, healthy, hopeful and ready to take on new experiences with less baggage." – Nick

If you remove the deeper blockages in your system, you relieve the tension that keeps you from allowing your mind and emotions to unwind as well. So reserve your place to attend the Clear Day, and feel for yourself how beneficial this program is for your health!

Saturday, January 28th
9:00 to 12:00
\$111