

Neuro-Postural Integration

Dr. Steve Benthall graduated from Texas Chiropractic College in 1983. Through many years of clinical research and patient care, he has developed unique and innovative protocols based on relationships between child and neurological development, learning theories, biochemistry and exercise protocols.

Dr. Benthall will be introducing his latest innovation, Neuro-Postural Integration. NPI is a blending of pilates, bartenieff and feldenkrais with a focus on movements that are at the core of spinal mechanics.

A perfect adjunct protocol to enhance your chiropractic and metabolic healing.

Thursday, January 12th, 6:15 to 7:15pm
Brittain Health office